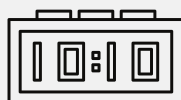


How to practise

LITTLE AND OFTEN

Practising for a short while every day is much more effective than a long practice session, once or twice a week



TIME IT RIGHT

Set aside a certain time every day to practise - it will soon become part of your daily routine

DIVIDE AND CONQUER

As you progress, you may have more to practise.

Splitting this into smaller chunks may make it easier, for example technique in the mornings and pieces later in the day

SLOWLY DOES IT

Learn each piece gradually. Practise one phrase at a time, repeating it slowly until you've nailed it. Then you can move on to the next phrase



DON'T JUST PLOUGH THROUGH!

Playing each piece through from beginning to end each time you practise isn't an effective way to learn.

As you make mistakes, you will simply end up reinforcing each one

CHANGE IT UP

Try to start your practice in different places rather than always at the start of each piece.

Sometimes starting at the middle and playing the second half first can be a more effective way to learn

PRACTISE THE HARD BITS!

It's very tempting to just practise the easy bits, but equally important (and more rewarding) to nail the tricky sections too.

If you find a rhythm tricky, try to clap it through a few times before playing it

GET HELP FROM THE EXPERTS

Find a recording of your piece performed by a great player and listen to it carefully.

And if you get stuck, you can always ask your Berkshire Maestros teacher to help you



RECORD IT

Take regular videos of your playing - make sure you listen carefully to your playing and think about how you can improve your practice