

PRESS RELEASE

14 November 2019

Berkshire Maestros joins forces with Whole Step CIC to provide increased opportunities for music therapy across Berkshire

Berkshire Maestros, the lead organisation of the Berkshire Music Hub, announces a partnership with Whole Step CIC, leading providers of therapeutic music provision in Berkshire, to actively promote and develop new opportunities to provide music therapy as a tool for emotional wellbeing and sensory exploration. The service is on offer for all children and adults in the area.

As well as Berkshire Maestros acting as a referral service to Whole Step CIC, they will also be letting out space in their headquarters in Reading to support daytime music therapy sessions for adults in the local community. This partnership will raise the profile of music therapy in Berkshire and in turn, many more people will have access to this form of creative therapy.

Rima Jakubauskas (Lead Therapist at Whole Step CIC)

“We are looking forward to this new partnership. Berkshire Maestros is a leading music education provider in the county, and they share our belief that music can develop confidence, self-esteem, and enables children and young people to achieve their potential. Our music therapy and community music services will enable more local people to benefit from making music.”

Sam Wyne (Business Development and Engagement Manager at Berkshire Maestros)

“I am delighted that Berkshire Maestros is entering into this partnership with Whole Step CIC. We have wanted to be able to offer music therapy to the county for some time but it’s a particularly niche provision. It takes many years of training to become a music therapist and we are very pleased that we can now refer enquires of this nature to Rima and our friends at Whole Step CIC. Music should be accessible to all young people and adults and we believe that music has the capability to change lives.”

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Notes to Editors:

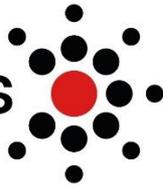
BERKSHIRE MAESTROS

Berkshire Maestros is a charitable trust providing music education opportunities to children and young people in Berkshire. Established in 1982 as the Berkshire Young Musicians Trust, it rebranded as Berkshire Maestros in 2006 and is the lead provider of music tuition in schools and music centres in Bracknell Forest, Reading Borough, the Royal Borough of Windsor & Maidenhead, West Berkshire and Wokingham Borough unitary authorities. Berkshire Maestros is the lead organisation of the Berkshire Music Education Hub. Through our passion for music making, creativity, expertise and excellence, we aim to deliver the highest quality musical education to meet the aspirations and needs of every child, young musician, school and music leader in Berkshire.

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BERKSHIRE

Maestros



WHOLE STEP CIC

Whole Step CIC is a Music and Creative Therapy community interest company which began in 2015. Our therapy service supports children and adults with special needs (e.g. autism, learning difficulties), communication issues (e.g. select mutism), and social and emotional difficulties such as early trauma and attachment difficulties. We engage our clients through musical play and improvisation. Our therapeutic approach is also based on attachment theory, meaning we are interested in how people have learned to form relationships and how they make sense of the world.

We believe that therapy isn't the only step in helping people, but it's a big step. At Whole Step CIC, we connect with all the people and professionals that are important to our client so we can come to understand the whole person. This approach helps us deliver informed, best practice therapy. We also understand that while not all people may need therapy, there are many who could still benefit from the positive social engagement and emotional wellbeing that music-making creates. Therefore, we also offer community music group sessions.

Our services are available throughout Berkshire and surrounding areas.

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